



MARCH

Truman 0-12 Months Breakfast Menu 2020



read
play
learn
run
dream

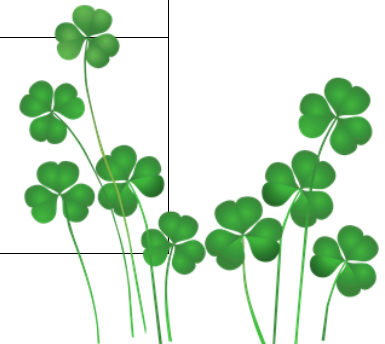


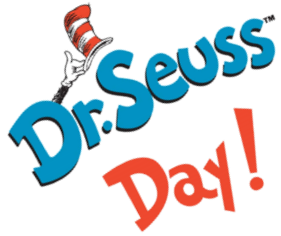
My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

NON-DISCRIMINATION:
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ PEACHES 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>3</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ BANANA 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>4</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ APPLESAUCE 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>5</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ PEARS 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>6</p> <p>NO SCHOOL</p>
<p>9</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ PEACHES 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>10</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ BANANA 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>11</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ APPLESAUCE 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>12</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ PEARS 0-2 TSP RICE CEREAL 0-4 TBSP</p>	<p>13</p> <p><u>0-5 MONTHS</u> BREASTMILK/FORMULA 4-6 OZ <u>6-11 MONTHS</u> FORMULA/BREASTMILK 6-8 OZ PEACHES 0-2 TSP RICE CEREAL 0-4 TBSP</p>
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<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>SPRING BREAK March 20-March 27</p>				
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Truman 0-12 Months Lunch Menu 2020

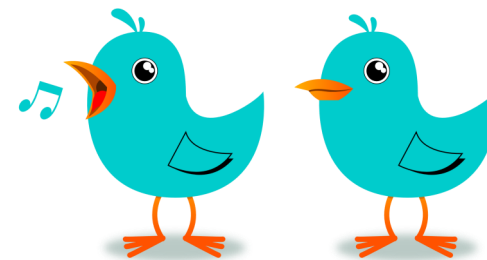
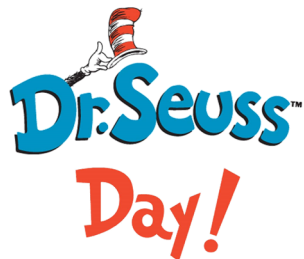
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WG - Whole Grain

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